

Presidents Message

October 2015

Building a Healthy Environment

Today's community demands a safe and healthy environment. This extends to the work place where we spend a large proportion of our lives. .

Workplace injuries are estimated to cost Australian businesses \$60 billion each year or over 4.8% of GDP. As bad as this figure is there are also many other facets to creating a healthy creative and productive workplace.

With an ageing workforce stress related absenteeism and loss in productivity is a major issue.

A whole of organisation approach is required to promote health and involves integration of a comprehensive health and wellbeing strategy which deals with the psychological and physical demands of the work place. This extends to areas such as access to stress minimization, physical exercise, diet, succession planning, work life balance and creation of flexible working environment.

If you are interested in learning how to create a better healthier workplace, the Redland City Chamber of Commerce Suncorp Business Breakfast in November is discussing the issue.

Congratulations to all the entrants in the Redlands Business Excellence Awards. Judging of finalists is underway with winners announced at the Redlands Business Excellence Awards Gala Dinner on 21 November. Tickets are available on our website or by calling 0478 202 306.

For further information contact

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